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LPC Newsletter – Bank Holiday Special

Steroid Emergency Card Training

There was a national patient safety alert published in August 2020 on steroid emergency cards to support early recognition and treatment of adrenal crisis in adults.

There is now a short 12 minute [online training course](#) available for the whole pharmacy team on this requirement, so please ensure that you and your team know what actions your pharmacy should have taken before 13th May 2021.



BOPA 'Let's Communicate Cancer Series'

Community pharmacy teams are reminded that the British Oncology Pharmacy Association (BOPA) recently launched an educational series on how to discuss cancer. 'Let's Communicate Cancer' is free and accessible e-learning that teaches healthcare professionals about cancer from basics to detail.

Pharmacies may wish to take advantage of this free training to up-skill their teams ahead of considering any cancer awareness activities as part of their continuing health promotion activities. [Find out more about the 'Let's Communicate Cancer Series'](#)

Health and Wellbeing Support for Community Pharmacy Teams

Expanded NHSE&I mental health support for pharmacy teams

NHS England and NHS Improvement (NHSE&I) has strengthened its mental health support offer for all healthcare staff, including community pharmacy teams.

Pharmacy staff now have rapid access to mental health services and support, courtesy of a series of new [mental health and wellbeing hubs](#). These hubs offer free and confidential clinical assessments by trained mental health professionals plus access to talking therapies and other secondary care mental health services to those who need it.

[Learn about further mental health and wellbeing support available to pharmacy teams](#)

Local arrangements for IAPT services

TALKWORKS (Devon and Torbay)

TALKWORKS has remained open as usual for improving access to psychological therapies (IAPT) throughout the pandemic and is continuing to offer its services through digital platforms or over the telephone. Face-to-face appointments are also available in specific circumstances when someone has no ability to access a remote consultation. The service is accepting referrals and waiting times for appointments are currently short. Please continue to refer people, or signpost them to self-refer through their [website](#) or by calling 0300 555 3344.

TALKWORKS is also running a range of free online workshops. Open to anyone aged 18+ in Devon, the workshops include an Introduction to Mindfulness, Coping with Challenging Times and a Focus on Sleep. Sign-up is simple – via phone or email. Find out more about the workshops [here](#).

Referral numbers are lower than expected to the service and Devon Partnership Trust is asking practices to continue to promote TALKWORKS. Content for practice websites is available to download [here](#).

Plymouth Options (Plymouth)

Plymouth Options has remained open as usual and is continuing to offer its services through digital platforms, including the Livewell Connect App, via telephone and where necessary, is also offering face-to-face appointments.

This service is open to anyone aged 16 and over in Plymouth, who is registered with a GP. Self-referrals are welcome and can be made via the [website](#) or by calling **01752 435419** and the service also accepts referrals from GPs. Wait times for online CBT remain short.

Service Development

Pharmacy First

As a reminder, the Chloramphenicol PGD was withdrawn with immediate effect on the 16th March 2021. The Nitrofurantoin PGD was amended and updated in November 2020, and the remaining two PGDs (Timodine & Fusidic acid) were updated on the 1st April 2021. Please ensure you have read and signed the updated PGDs if you are carrying out the service.

NHS Devon CCG have today sent out new contracts and associated documentation to your pharmacies (head office contacts if part of a multiple) and there are strict deadlines to signing and returning them - please ensure they are signed and returned within the timescales outlined by the CCG to allow continued provision of the services. (If they have not been received before the end of the grace period, your pharmacy will be removed from the services by the commissioners; if the deadline is missed you will not be able to be added back on as a provider until the next contracting round).

More information and the documentation, along with a summary of any changes to the PGD's, can be found on our website - <https://devonlpc.org/locally-commissioned-services/pharmacy-first-services/>

The PRINCIPLE Trial - Help fight C-19 by signposting patients to clinical studies

The PRINCIPLE trial platform is a UK-wide priority trial to find treatments for COVID-19 and the only one based in primary care. The trial has now been extended with a wider cohort of people now eligible to participate; namely under 50s and has added colchicine to the study.

Patients can be signposted to <https://www.principletrial.org> to register for the trial and more information is available here. <https://www.principletrial.org/health-professionals/pharmacy-information-and-resources>

Training and CPD Opportunities

Leadership Training Webinars provided by MORPh Training for Devon LPC

Don't forget we have our specially commissioned leadership training coming up over the next few weekends.

We have worked with MORPh Consultancy to produce a bespoke leadership training package specifically to support new leaders in healthcare roles. Whether you're a new or established PCN Community Pharmacy lead, pharmacy manager, an established leader within an organisation or an aspiring leader of the future, these workshops will support and develop your leadership skills in both your organisational role as well as equipping you with skills to work with other sectors of the health system.

This training series is FREE to pharmacists and technicians in Devon, running across three half day Saturdays and certificates will be provided to demonstrate their completion. Dates and information about the content is on the booking form link below. Ideally you would join in with all three sessions, but even if you have missed the first one, each webinar can be booked individually.

Places are booking up fast so book now to avoid disappointment on the link below:

<https://devonlpc.org/wp-content/uploads/sites/20/2021/04/Leadership-flyer.pdf>

Smoking Cessation Annual Update Training

PHARMACY STAFF ONLY EVENING SESSION. Monday 10th May 2021 6.30 pm to 8.30 pm

Annual update training for active trained Stop Smoking advisors who work in GP practices and pharmacies across Devon. Due to Covid-19 restrictions this training will be delivered online via Zoom. Zoom password and login in details to the training event will be provided once booking is confirmed. At least one trained stop smoking advisor from each setting must attend annual update training once a year, to ensure knowledge is up to date and is cascaded to other smoking cessation advisors within the organisation.

PLEASE NOTE THIS TRAINING IS AIMED AT GP PRACTICE AND PHARMACY STAFF ONLY

Topics to be discussed:

Devon and smoking; Quarterly returns and monitoring; CO monitoring; E-cigarettes; Overview of Stop Smoking Treatments / New treatments / Developments in Smoking Cessation; Equipment and resources; NCSCCT – Training; Scenarios; OneSmallStep Devon Healthy Lifestyle Service; Ongoing support & advice – ‘live’ Q&A monthly sessions Wednesdays

Please make sure you put your correct email for zoom and workplace address., and that you can attend for the full allocated Zoom training times and will be uninterrupted.

Please book on through bookwhen and you will then receive the Zoom training link and passwords. <https://bookwhen.com/onesmallstep>



Making Every Contact Count

A perfect opportunity for Community Pharmacy health champions and to support public health services and promotional activities

OneSmallStep has offered two evenings for Making Every Contact Count (eMECC) lite virtual training for pharmacy teams working in community pharmacy within the Devon County Council area. The training session is free and RSPH accredited; MECC is an approach to behaviour change that uses day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing.

Community pharmacies are well placed to have MECC conversations with their patients and customers. It can support signposting, Health Champions and engaging public health campaigns, NMS, Discharge Medicines Service and helping people to make positive changes to their lifestyle.

We have a choice of two dates. Time: 6.30 pm to 9.30 pm. 18th May 2021 or 7th June 2021

Please email kristinahargreaves@onesmallstep.org.uk to register.

Free CPD Sessions for GP CPCS

The Royal Pharmaceutical Society in partnership with the Royal College of General Practitioners are running [free CPD sessions](#) to support pharmacists to deliver CPCS. The training covers how to handle referrals and includes practicing real-life situations with GPs and other Healthcare professionals.

DEVON LOCAL PHARMACEUTICAL COMMITTEE www.devonlpc.org

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