

February 2023

Dear partners and colleagues,

Joint statement from Torbay Council, Torbay and South Devon NHS Foundation Trust and ABL Health Limited.

We are writing in regard to the Healthy Lifestyles Service in Torbay. Torbay and South Devon NHS Foundation Trust have been commissioned by Torbay Council since 2013 to deliver this Service, however following a procurement exercise the Service will be delivered through our new partner ABL Health from 01 April 2023. ABL Health will continue to deliver:

- a) Web-based behaviour change information and advice
- b) Brief advice on health and wellbeing, holistic assessments, and health coaching
- c) Tier 2 Weight Management Service
- d) Specialist Stop Smoking Service
- e) Making Every Contact Count and Connect 5 Training
- f) Community engagement and social marketing.

Please note that Torbay and South Devon NHS Foundation Trust will continue to provide the following Integrated Care Board commissioned services (the referral pathways for these services remain unchanged):

- a) Postural stability, strength, and balance exercise programme
- b) Structured education for people newly diagnosed with type 2 diabetes
- c) Specialist (tier 3) weight management services

Torbay and South Devon NHS Foundation Trust and ABL Health are now working together around the transfer of staff, to ensure a smooth transition for all clients and to ensure as little disruption as possible to current pathways and projects.

ABL Health will be taking the opportunity to get in touch with key stakeholders in the coming weeks to establish links, develop positive working relationships and discuss pathways and partnership working.

In the meantime, if you have any questions, please contact: Claire Tatton, Public Health Practitioner, Torbay Council on ✉ Claire.tatton@torbay.gov.uk

Regards

Torbay Council
Torbay and South Devon NHS Foundation Trust
ABL Health Limited



TORBAY COUNCIL