

Tutor supported online and face to face workshops for pharmacy professionals with booking links included

Optimising inhaler technique: improving outcomes. An evening face to face workshop

The aim of this programme is to enable pharmacy professionals to provide advice to people using inhaled medicines, to optimise their inhaler use and improve outcomes. The workshop will consider the different types of inhaler devices available, how the delivered dose is made in each type, the breathing technique required for each type and the potential implications of sub-optimal technique.

Dates available (evening workshop 7pm to 9pm) or *7.30pm to 9.30pm

5 th September, Doncaster
11 th September, Birmingham
12 th September, Northampton, Wimborne Minster and Guildford
2 nd October Montague Hotel London
7 th November Liverpool
9 th November Reading
4 th December Leicester

[Book here](#)

New topic: Atrial Fibrillation online workshop

This learning programme will help you to identify people with AF and raise awareness about the condition. Using a shared decision-making approach and applying NICE clinical guidelines the programme will enable you to optimise medication and support people living with AF to make lifestyle changes to reduce modifiable risk factors and prevent further complications associated with the condition.

Dates available (evening workshop 7-8:45pm):

10 th , 16 th October
9 th , 14 th November

14 th December
4 th January

[Book here](#)

New topic: Deprescribing online workshop

This learning programme will enable you to recognise a person-centred approach to deprescribing that considers the patient's perspective and experiences. It will explain the importance of a collaborative approach involving the patient and the multidisciplinary team in the deprescribing process. You will apply a stepwise approach to the process of deprescribing from identification through to reducing or stopping a medicine and model your learning to real-life examples from your practice.

Dates available (evening workshop TBC):

8 th August (pilot event)
7 th , 8 th , 29 th November

[book here](#)

New topic: Familial hypercholesterolaemia focal point - online

This focal point will give you an understanding of familial hypercholesterolaemia, its identification and management. It will enable you to improve care for people with known familial hypercholesterolaemia and identify people who are not yet diagnosed, supporting them to make informed decisions about their condition.

Dates available (evening workshop 7pm to 8:45pm)

13 th , 19 th , 28 th September
3 rd , 19 th October
16 th , 29 th November

[book here](#)

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New topic: Supporting people living with frailty - online

The aim of this programme is to develop your knowledge and skills to enable you to describe what frailty means, recognise people living with frailty and offer them appropriate support.

Dates available (evening workshop 7pm to 9pm)

18 th , 25 th , 26 th September
11 th , 18 th , 31 st October
28 th November

[book here](#)

New topic: Medicines reconciliation in transfer of care Optimise - online

The purpose of this programme is to support pharmacy professionals in delivery of medicines reconciliation as part of an integrated care system with a focus on safe transfer of care.

Dates available (evening workshop 7pm to 8:45pm)

11 th , 20 th September
11 th October
23 rd , 30 th November
13 th December

[book here](#)

Type 2 Diabetes: supporting people better - online focal point

The aim of this programme is to enable you to better support people with type 2 diabetes by applying the principles of the NICE guidance (NG28) into your practice. The workshop provides an opportunity to discuss with colleagues how these changes can positively support patient care; update your knowledge of the management of type 2 diabetes in line with new NICE guidance, help you and your patients to better manage this condition, including

reducing complications and improving outcomes for people with type 2 diabetes

Dates available (evening workshop 7pm-8:45pm):

18 th , 26 th September
10 th October
1 st November

[book here](#)

Deprescribing opioids in people with chronic pain – online focal point

The aim of this learning programme is to develop your skills and confidence to support people living with chronic pain. You will consider the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain.

Dates available (evening workshop 7pm-8:45pm):

11 th , 19 th , 26 th September
16 th October
30 th November
5 th December

[book here](#)

Hypertension -online focal point

This learning programme aims to enable you to interpret and apply clinical guidance to support people with hypertension. You will consider how to optimise their treatment and use a shared decision-making approach to empower people with hypertension to self-manage their condition.

Dates available (evening workshop 7pm to 8:45pm):

20 th , 27 th September
3 rd , 19 th October
7 th , 23 rd November

[book here](#)

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COPD – online focal point

This learning programme aims to enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise their treatment and use a person-centred approach to empower people living with COPD to self-manage their condition.

Dates available (evening workshop 7pm to 8:45pm):

12 th September
17 th October
7 th November

[book here](#)

Falls prevention – online

The aim of this workshop is to increase your understanding of falls and how the pharmacy team can help prevent and support those who have had a fall.

Dates available: (evening workshop 7pm to 9pm):

26 th September
3 rd October
15 th November

[Book here](#)

The Mental Capacity Act 2005 and covert administration of medicines online workshop

This workshop will help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines.

Dates available (evening workshop 7pm to 9pm):

26 th September
17 th October
29 th November

[book here](#)

Health inequalities: focus on vaccine hesitancy Optimise - online

The purpose of this programme is to equip pharmacy professionals with the knowledge and understanding required to approach challenging conversations around vaccine hesitancy in a constructive way. Learning outcomes for the programme include explaining factors that contribute to vaccine hesitancy, establishing why a person may be vaccine hesitant through effective consultation skills and constructing appropriate responses to those who are vaccine hesitant to instill trust and build a rapport.

Dates available (evening workshop 7pm to 8:45pm):

13 th , 21 st September

[book here](#)

NHS CPCS: essential skills online workshop and e--course

The *NHS Community Pharmacist Consultation Service: essential skills* programme aims to support pharmacists and trainee pharmacists to develop the knowledge, skills and confidence needed to undertake effective consultations, communications and clinical assessments in order to provide the NHS CPCS. The programme includes an e-course and an online workshop

Dates available (daytime workshop 9:30am to 12:45pm)

17 th , 24 th September
1 st , 29 th October
5 th , 19 th , 26 th November
3 rd December

[book here](#)



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Emergency contraception - online

The aim of this programme is to enable pharmacy professionals to acquire the knowledge, develop the skills and demonstrate the behaviours needed to provide high-quality emergency contraception services as part of their pharmacy practice. It is an opportunity to hear from an expert in contraception and sexual health, to reflect on your current practice and share with your colleagues.

Dates available (evening workshop 7pm to 9pm):

21 st , 25 th September

6 th November

[Book here](#)

Medicines optimisation in care homes -essential skills online workshop

The aim of this event is to support pharmacy professionals working in primary care to develop the knowledge, skills and confidence to implement strategies to optimise medicines use for people living in care homes. This workshop includes how to prioritise care home residents for structured medication reviews and advise on medicines in frail older people

Dates available (daytime workshop 2pm to 4.30pm):

14 th November

[Book Here](#)